

Blessed are...

...the meek, for they will inherit the earth.

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TRINITY SUNDAY

Mass Intentions at St. Paul's Basilica

Sunday May 22 8:30 A.M. + Andrew Tay
- Req. by Gabe & Dee Cooke

Weekday Masses are held at the Good Shepherd Centre: Tuesday through Friday at 12 noon



THE SANCTUARY LAMP BURNS FOR:
ANDREW TAY



WHAT IS MERCY?



We tend to think of 'mercy' as compassion or sympathy, but the word has a much deeper meaning. It is more than feeling sorry for someone. Having mercy means that we enter into the other person's suffering. We feel the other person's pain, see through the other person's eyes, and place ourselves inside the other person's heart and mind. When that happens, we are moved to respond in a merciful way. We can be merciful because God is merciful.

WHAT IF YOU DECIDED TO BECOME EVEN MORE MERCIFUL?

1) AVOID GOSSIP

Merciful people refrain from gossip because they know that gossip is another assault on an already injured person. Pope Francis tells us "It is so terrible to gossip! At first it may seem like a nice thing, even amusing, like enjoying candy.

But in the end, it fills the heart with bitterness, and even poisons us". *How will you keep yourself from gossiping about other people?*

2) REFUSE TO RETALIATE

Merciful people don't hold a grudge or try to even the score. They let it go, give whatever happened to God, and forgive. Forgiveness allows you to let anger, hurt, and bitterness drain out of your heart. It restores a sense of peace to our soul. Without forgiveness you become a prisoner to your own resentments. With forgiveness, you mirror God's mercy. *Who are the people that you need to forgive?*



TRINITY SUNDAY
LIVING WITH CHRIST

While the mystery of God is beyond our comprehension, today's readings offer a tangible connection to God's great wisdom. We begin with a front-row seat at the creation of the universe: God, with Wisdom at his side, delighting in the work of all creation. With humble awe, we receive glory and honour beyond our understanding. On one level, we know many things. We know we are created in the image and likeness of God, the Creator. We know God's very being walked on this earth, in the person of his son, Jesus Christ. We know that when Jesus returned home to the Father, he sent his Spirit to teach and guide us. On another level, we cannot comprehend the "Why?" of it all. Wisely, we turn to a question we can answer: "How?" Whenever we delight in creation, we are in harmony with our Creator. We honour the Redeemer by living with faith, hope and love. Quietly attentive, we hear in our hearts the whispered wisdom of the Sanctifier. Each time we bless ourselves with the Sign of the Cross, we are acknowledging the mystery of the threefold presence. Refreshing ourselves in Word and Sacrament, we receive the grace to live holy and sacred lives. Rejoicing, we share in God's sense of delight.

**TAIZE PRAYER MEDITATION
COMPELLED BY THE SPIRIT
SUNDAY JUNE 12TH, FROM
3:30 TO 4:30pm**

As a parish we are invited to celebrate Taize Prayer. This time of shared prayer, shared song and reflection is open to everyone. If you would like to be involved with the preparation for this afternoon there is a volunteer sheet on a table to the right of the middle centre doors.



**EUTHANASIA AND ASSISTED
SUICIDE**

There has been a great deal of interest in the Cardinal's Statement. You are asked to tell Legislators how you feel. You are encouraged to join the coalition for Health Care and Conscience. Visit CanadianConscience.ca. A video of Cardinal Colin's statement on federal euthanasia/assisted suicide legislation is now available online at <http://www.archtoronto.org/euthanasia>

DID YOU KNOW?

The Stations of the Cross were canonically erected by Archbishop O'Connor, December 22nd 1901, in St. Paul's Church. Up to that time the stations used in the church were small framed pictures which had been transferred from the old church to the new. They did not suit the new building in size or architectural design. They were only intended for temporary provisional use, until such times as properly designed stations should be inserted in the building. The stations are composed of a stone composition known in Europe as carton Romain. They were made in Europe and imported by Stolzenberg Co., of New York. The stone composition is the strongest and most durable material that can be used for this purpose. The design and execution of the stations are quite artistic, and harmonize beautifully with the architecture of the church. The stations cost \$2,000.

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